

# **PE Extracurricular Activities**

# **Morning Intramurals:**



7:00 a.m-8:05 a.m.

#### Tuesday, Wednesday, Thursday

All students are invited to participate in morning intramurals by grade level. Students are required to wear their PE uniform and proper footwear. Students are allowed to change into their PE uniform once at school. Intramural activities include dodgeball and soccer. Contact Ms. Peterson or Mr. Lentz If you have questions.

Tuesday AM: Indoor Soccer - All Grade Levels

Wednesday AM: Dodgeball- Just 6th Grade

ThursdayAM: Dodgeball - 7th and 8th Grades

Thursday PM: Flag Football - All Grade Levels

# **Afternoon Intramurals:**

#### 3:05 p.m. -4:00 p.m.

### **Thursdays Only**

All students are invited to participate in afternoon intramurals. Students are required to wear their PE uniform and proper footwear. Students should only leave intramurals when dismissed by the supervisor, unless they are signed out by a parent in the front office. Intramural activities include flag football, basketball, bowling, and bocce ball. Contact Mr. Joyce If you have questions.



# Math/Chess Club

Looking for a fun challenge? Students who enjoy problem solving, competition, and math are invited to join Math/Chess Club! Here you will meet other students and engage in friendly competitions in both Math and Chess while preparing to compete in the 24 Math Challenge and MathCounts. We will play games, solve complex puzzles and problems, engage in competitions and just have fun! This club meets every Thursday. See Ms. Hughes (A121) or Mrs. Elser (A116) for more information. Meeting 3rd and 4th period flex until the activity buses begin.

### **Environmental Club**

Do you have an interest in the environment and making the earth a better place? In this club, students will have fun while developing an appreciation for the environment. Students will participate in projects and activities focusing on environmental issues. Club members will be asked to assist with the Severna Park Earth Day Festival in April. This club meets on *announced* Thursdays. See Mr. Philip in room E-101 for more information.

## Student Government Association (SGA)

SGA is an introduction to student government procedures and activities.SGA is an introduction to student government procedures and activities. Students are involved in planning Spirit weeks, fundraisers and charity actions for SPMS. Students who join have the opportunity to be involved at the school, county, and state levels. Delegates must want to be active members and future leaders of both their school and community. Student delegates must be able to attend SGA meetings twice a month. Students must also be able to attend monthly field trips. Interested students should plan on attending our first meeting. This activity is of no cost to students, except for overnight stays (Ocean City Convention for example). Students can also split their time between SGA and other clubs. If you have questions, see Mrs. DeLaet in E109. Meetings will be held on Flex, period 3 and 1 Thursday a month.

### Yoga Club

Do you need time to relax and re-energize your mind after a long day of school? If so, join Ms. Hartman, certified yoga instructor, in the upper level gym for yoga.

Regardless of one's flexibility, students can benefit from a variety of yoga poses and breathing techniques. Students will learn to incorporate these breathing techniques and poses into their daily routines to calm or energize when needed. Yoga provides benefits including stress relief, increased concentration, flexibility and strength. Students may enjoy the relaxation time at the end of practice to unwind from the busy pace of our lives.

Yoga Club will meet on Mondays, beginning October 25th in the upper level gym. This will change to Thursdays once activity buses become available. Students must self transport until further notice. Please bring a mat - we do have mats available to keep in your locker and use at home --and a water bottle.

# **Chorus Extracurricular Activities**

### Varsity Choir

Do you have a passion for singing? Are you taking chorus? If so, join us for Varsity Choir auditions on September 28-29 from 3:15-5:30. For more information and to sign up for an audition time, please go to <u>www.spmssings.org</u> The first rehearsal will be Wednesday, October 6 and we meet every Monday from 3:00 p.m.-5:00 p.m. Performances include seasonal concerts and events, as well as an overnight Music in the Parks trip.

### Spring Musical

The spring musical will be presented from April 1-3. Auditions for the musical will be held from January 5-7. We will hold an Audition Jitters Workshop to walk students through the audition process on Monday, December 20 from 3:15-5:00. There will be a parent information session following the workshop from 5:00-6:00. For more information, go to spmssings.org.

### **Literary Extracurricular Activities**



### **Book Club**

All students are invited to join us for book discussions, activities, and literary themed events throughout the school year. The purpose of this program is to inspire reading for pleasure and promote life-long reading habits by encouraging students to read, discuss, and enjoy quality, contemporary literature. The club meets Thursdays after school, as announced. See Mrs. Thomas in the Media Center for more information. Hybrid - in person and virtual is available.



### The Spark, A Student Led Newspaper

The Spark Newspaper is published three times a year and features articles written by and for SPMS students. The student staff will brainstorm article ideas, interview students and staff, write pieces, edit submissions, and work on newspaper layouts. Students must have knowledge of writing mechanics and be creative, dependable, and self-motivated.

Classes meet alternating Thursdays with Mrs. Lane in room C-107.

### Yearbook Club

We are looking for dedicated students that can make a commitment to attend weekly after school sessions and work at home. We need students who enjoy writing, taking pictures, marketing and working with a computer program to design the 2021-2022 yearbook. If you are interested, see Mrs. Bollino in B-114 to sign up for the first meeting. We have positions for 25 students. Meets during Flex, period 2. When activity buses are available, we will meet on Thursdays after school.

Classes meet Thursdays in F-108 lab from 3:05-4:00 p.m.

#### GSA

The Gay Straight Alliance (GSA) is safe space for LGBTQPIA+ students and allies! All are welcome to join us for games, discussions, and just some quality time with your LGBT+ peers. We talk about identities, LGBT+ news, give tips and advice, and much more! You do not need to be a part of the LGBT+ community to join GSA. Allies and those who are still questioning their identity are more than welcome as well! Thursdays 3:05-4:00 (virtual attendance is available)- See Mrs. Fenn in room F102.

Activity buses are not yet available. Be aware that any after school activities will require self transportation.

We look forward to seeing you at clubs!